

FOUR
seasons
NAKED



Barebacking isn't safe when riding a horse, or during sex.

STIs are on the rise among millennials.

Once you're comfortable and chatting,
it's worth checking in on their
method of contraception.



Check in on checking up.

It's never been faster or easier
to get a checkup for STIs.

There's no harm in suggesting
regular sexual health check ups
at their clinic or GP.

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**Condoms are
like sharks, they
stop the swimmers.**

STIs are on the rise among millennials.

Once you're comfortable and chatting,
it's worth checking in on their
method of contraception.



**Some like coffee,
others like tea.
Margaritas work too.**

Everyone's different and everyone should be comfortable in their sexuality.

Ensure your adult child is aware that you're open to a discussion about their sexuality, no matter what they identify as.



Pansexuals aren't attracted to kitchenware.

The sexual landscape is ever-evolving and there are no right or wrong answers.

Ensure your adult child knows they have someone open and willing to discuss their sexuality with.



Scientists experiment and they're smart as f*ck.

Not everyone is certain of their sexuality right off the bat. Sexuality is fluid and may change over time.

Inform your adult child that it's okay if they're still figuring out what sexuality they identify as.



**There's plenty of fish
in the sea, but there's
a lot of garbage too.**

The dating game can be complicated for young people.

Inform your adult child that it's okay if finding a genuine connection doesn't happen right away.



**The sky is blue,
cheese is delicious
and no means no.**

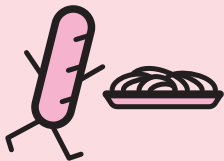
Sex should only ever occur between comfortable, willing participants.

No exceptions. Help your adult child understand the importance of consent when it comes to sex.



Sex is like that tornado movie with the sharks, you're allowed to stop before it's over.

Ensure your adult child is aware they're in control of their body and what they do with it.



Sometimes the garlic bread's better than the main.

Let your adult child know that foreplay is a fun and important part of sex and there's no need to rush to the finish line.

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**You might be shit
at shiatsu, but
it's still worth a try.**

Foreplay isn't about being perfect,
it's that act of try that counts.

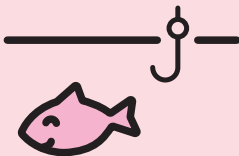
Inform your adult child that sensual
touch is a great way to ease into sex.



Swiping right isn't always right.

Dating apps often yield short-lived,
shallow interactions.

Encourage your adult child to get out
in the real world and discover real,
meaningful connections.



They're shooting fish in a barrel and catching nothing.

Endless swiping on dating
apps gives young people option
paralysis and no real connections
end up being made.

Encourage your adult child to get out
in the real world to find a partner.



There's no prize for cumming first.

Sex is very much a two-way street
and pleasing your partner
can also please you.

Be open about discussing the importance
of giving and receiving when
it comes to sex.



Before oral, be aural.

Communication is key to great sex. It allows us to discuss things we do or don't like in the bedroom and plan for a better sexual experience.

Help your adult child become comfortable with openly discussing sex.



Like the bed you're doing it on, the best sex is comfortable.

Connections based on mutual respect allow you to be more comfortable with your partner and that's when sex improves.

Encourage forming relationships that allow for an open, honest dialogue about sex.



**In 2020,
sex is as taboo
as tattoos.**

The more open we are about
the realities of sex, the better.

Encourage your adult child
to be comfortable and open when
it comes to discussing sex.



It's not a body, it's Photoshop.

Magazines promote unrealistic body expectations. When we're comfortable and confident with our bodies, we free ourselves up to enjoy sex more.

Help your adult child learn to love the beautiful body they're in.



**A little secret:
No one really knows
what they're doing.**

Sex is a journey that evolves
between two connected people.

Help your adult child understand
that there's no pressure when
it comes to sex. Just have fun
and be safe.



No one's banging the pizza guy.

Porn sets unrealistic expectations
about sex. It's designed
to titillate, not educate.

Inform your adult child
that real sex is about intimacy
and not what they've seen online.



Home is a safe place for safe sex.

It's safer for your adult child to be having sex in a safe place. Inform them that you're comfortable with them having sex within the family home.



Foreplay or gameplay?

Excessive gaming is linked
to a decline in sex.

Explain to your adult child
the benefits of getting out and
finding new, meaningful connections.



You can't moan without pheromones.

Pheromones are a key contributor to finding a compatible partner. When we use dating apps, we're unable to allow pheromones to guide us.

Suggest your adult child make real connections offline.

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**We're just like dolphins...
but no one pays
to watch us do flips.**

Dolphins and pigs have sex
for pleasure and so do we.

Explain to your adult child
that sex is all about having
as much fun as a pig in mud.



What happens between the sheets, stays between the sheets.

Sex is a private and intimate moment
between two connected people.

Help your adult child understand
the need for privacy
when it comes to sex.



Sex. It's the funnest cardio around.

Evidence suggests that regular sex reduces your risk of heart disease.

Recommend a healthy, happy, safe sex life for your adult child.



Live, laugh, lube.

Lubricant is a great way for both males and females to get things started in the bedroom.

Inform your adult child that their sexual experience can be enhanced if lubricant is applied to the condom or used for manual stimulation.



Dogs do it best.

A Four Seasons survey proved 'Doggy Style' is Australia's preferred sexual position. 'Cowgirl' and 'Hoovering the Floor' also ranked well.

Inform your adult child that fun and safe sex can be enjoyed in a variety of different ways.



The ‘Clap’ is nothing to applaud.

Did you know, rates of gonorrhoea have increased by 63% in the last 7 years.

Make your adult child aware of the symptoms of STIs and inform them of the precautions that can be taken to avoid them.



Adults play with toys too.

Toys in the bedroom can help spice things up and keep sex fresh.

Discuss the different type of sex toys available.